

THE UNITED STATES PONY CLUBS, Inc.

The Kentucky Horse Park • 4041 Iron Works Pike • Lexington, KY 40511 • (859) 254-PONY (7669)



DRESSAGE "B" TEST SHEET

National Examiners will use this form when conducting a Dressage B Specialty Rating. The candidate will receive a copy of the completed form following the examination. The original is sent to the National Office within four days of the test and returned in due course to the candidate. A copy will be sent from the National Office to the Regional Supervisor and District Commissioner. To achieve the rating, candidates must meet the standard in each section. **Examiners must have a copy of the appropriate Standard to use with the test sheet.**

Candidate's name _____ Age _____

Address _____

Name of Pony Club _____

District Commissioner _____ Region _____

Riding Test Expectations: *Candidates should maintain a basic balanced position demonstrating independence and a position appropriate for Dressage with effective, tactful use of aids. Candidates should ride each mount forward while establishing and maintaining regularity in the gaits with the mount accepting the aids; be confident in coping with disobedience; be able to explain the application and reason for aids used on both the flat and in the open and to discuss the basic principles of dressage. The horse should be reliably on the aids, show a greater degree of collection appropriate to this level, a greater degree of straightness, suppleness, throughness and self carriage. The level of riding is at the USEF Second Level.*

Bandaging

- Stable, shipping and tail bandage
- Discuss materials used, reasons to wrap, and potential dangers

_____ ES
_____ DNMS
_____ MS

Riding on the Flat

- Demonstrate warm-up for work on the flat demonstrating accurate and smooth transitions, correct use of aids, regularity of gaits, balance, lengthening and shortening of frame and collection appropriate to level (trot work should progress from rising to sitting) in the following movements:
- Serpentine of 3 loops at trot and at canter with simple change of lead when crossing center line
- Medium and free walks
- Collected and medium trots
- Leg yield
- Shoulder fore
- Shoulder in and haunches in (travers), and haunches out (renvers)
- Halt with immobility for up to 5 seconds from the trot
- Reinback three to four steps
- 10 meter circles at the trot and canter
- 20 meter circle at canter with giving of the reins while maintaining a light contact
- Counter canter
- Half-turn on the haunches from the walk
- Discuss reasons for, and results of warm-up of ridden mount

_____ ES
_____ DNMS
_____ MS

KEY: ES = Exceeds Standard

MS = Meets Standard

DNMS = Does Not Meet Standard

<ul style="list-style-type: none"> - Be prepared to ride a 2007 USDF Dressage Test at Second Level, Test 3 or above - Evaluate and discuss performance with examiner, including strong and weak points of the mount being ridden 		<p>___ES ___DNMS ___MS</p>
<ul style="list-style-type: none"> - Ride without stirrups at all gaits with a secure and independent seat 		<p>___ES ___DNMS ___MS</p>
<p>Switch Ride</p>		
<ul style="list-style-type: none"> - Demonstrate ability to ride different mount with confidence and tact at all gaits while performing basic schooling figures. - Discuss performance, including whether or not mount was balanced, supple and moving forward with rhythm and impulsion 		<p>___ES ___DNMS ___MS</p>
<p>Training</p>		
<ul style="list-style-type: none"> - Discuss the purpose of the levels (at top of dressage test) - Discuss how rider's position effects the biomechanics of the horses movements. - Discuss how to put the horse "on the aids". Discuss the terms connection, throughness, engagement, impulsion, and collection. - Discuss the difference between medium and lengthening within the gaits; lateral and longitudinal suppleness. - Discuss how these concepts are applied to the training pyramid. 		<p>___ES ___DNMS ___MS</p>
<p>Training Over Cavalletti/ Ground Poles</p>		
<ul style="list-style-type: none"> - Discuss the training benefits of cavalletti and ground poles, know how to adjust distances for own mount. - Cavalletti may be used in the warm-up phase - Discuss 4 exercises for the training of the young/green horse using cavalletti/ground poles. - Demonstrate walk and trot exercises using cavalletti/ground poles. - Critique performance in relationship to the training of the mount. 		<p>___ES ___DNMS ___MS</p>
<p>Riding in the Open</p>		
<ul style="list-style-type: none"> - Ride in the open, safely, over a variety of terrain at all three gaits, confidently and in a secure, independent position. - Critique ride, discuss importance of riding in the open for the dressage horse. 		<p>___ES ___DNMS ___MS</p>

Longeing

- Discuss how to teach a mount to longe.
- Discuss the benefits and dangers of longeing the mount.
- Discuss benefits and dangers of longeing the rider.
- Discuss and demonstrate proper fit and use of equipment, to include side reins.
- Longe own mount, to level of training, at the walk, trot and/or canter, to include free forward movement and to establish regular rhythm. Must use side reins

_____ES _____DNMS _____MS

GENERAL REMARKS

Attitude and maturity for level of testing

Security and confidence for level of testing

Suggestions for improvement

_____ Meets Standards	_____ Does Not Meet Standard	Signature of Examiners
_____ Withdraw		PIP _____
Date Tested _____		_____

Sections requiring retesting:

A candidate may be retested ONLY on bandaging and/or longeing.

- Retest must take place within **the calendar year** and must be completed over a one-day period.
- Failure of either section on retest day will require retaking entire test.
- Retest must be recommended by original Examiner.

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ES _____ MS _____ DNMS _____

SIGNATURE: _____ DATE: _____
 (Examiner for portions retested)