

THE UNITED STATES PONY CLUBS, Inc.

The Kentucky Horse Park • 4041 Iron Works Pike • Lexington, KY 40511 • (859) 254-PONY (7669)



DRESSAGE “C-3” TEST SHEET

National Examiners will use this form when conducting a Dressage C-3 Specialty Rating. The candidate will receive a copy of the completed form following the examination. The original is sent to the National Office within four days of the test and returned in due course to the candidate. A copy will be sent from the National Office to the Regional Supervisor and District Commissioner. To achieve the rating, candidates must meet the standard in each section. **Examiners must have a copy of the appropriate Standard to use with the test sheet.**

Candidate's name _____ Age _____

Address _____

Name of Pony Club _____

District Commissioner _____ Region _____

Riding Test Expectations: *The candidate should maintain a basic balanced position that is appropriate for Dressage, developed through an independent seat, demonstrating coordinated use of the aids on the flat, over ground poles or cavalletti and in the open. The candidate should initiate and maintain free forward movement with smooth, prompt transitions, a clear and consistent rhythm and a steady, light feel of the mount's mouth. The horse should accept the aids. The candidate should be able to discuss and evaluate the aids used. The candidate should show confidence and control at all gaits. The level of riding is at the USEF First Level.*

Presentation of Horse and Rider				
<ul style="list-style-type: none"> - Correct formal or informal attire - Effective presentation and control - Mount well groomed: ears, nose, eyes, dock, sheath/udder, mane and tail - Tack clean and safe 	<table border="1" style="width: 100%; height: 100%;"> <tr> <td style="text-align: right;">____ES</td> </tr> <tr> <td style="text-align: right;">____DNMS</td> </tr> <tr> <td style="text-align: right;">____MS</td> </tr> </table>	____ES	____DNMS	____MS
____ES				
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____MS				
<ul style="list-style-type: none"> - Discuss purpose and fit of equipment - Stable and shipping bandage - Discuss purposes and dangers involved with shipping and stable bandages 	<table border="1" style="width: 100%; height: 100%;"> <tr> <td style="text-align: right;">____ES</td> </tr> <tr> <td style="text-align: right;">____DNMS</td> </tr> <tr> <td style="text-align: right;">____MS</td> </tr> </table>	____ES	____DNMS	____MS
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Riding on the flat				
<ul style="list-style-type: none"> - Demonstrate flat warm-up while initiating rhythm, balance and engagement, resulting in free forward movement and smooth transitions - Discuss warm-up including rhythm, balance, engagement, thoroughness and impulsion. - Ride Schooling Figures to include <ul style="list-style-type: none"> - shoulder fore - 10 meter half circles, 20 meter full circles at working trot sitting - straight lines at each gait - leg yields at walk and trot - lengthen and shorten stride in trot and canter - medium walk and free walk - 15 and 20 meter canter circles - halt with immobility for 5 seconds (from the trot) - change of canter leads through trot - trot movements should progress from rising to sitting with the exception of a 20M circle which allows the horse to stretch forward and downward 	<table border="1" style="width: 100%; height: 100%;"> <tr> <td style="text-align: right;">____ES</td> </tr> <tr> <td style="text-align: right;">____DNMS</td> </tr> <tr> <td style="text-align: right;">____MS</td> </tr> </table>	____ES	____DNMS	____MS
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KEY: ES = Exceeds Standard	MS = Meets Standard	DNMS = Does Not Meet Standard
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<ul style="list-style-type: none"> - Be prepared to ride the 2007 USDF Dressage Test at First Level, Test 3, or above 	<table border="1" style="width: 100%; height: 100%;"> <tr> <td style="text-align: right;">___ES</td> </tr> <tr> <td style="text-align: right;">___DNMS</td> </tr> <tr> <td style="text-align: right;">___MS</td> </tr> </table>	___ES	___DNMS	___MS
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<ul style="list-style-type: none"> - Ride without stirrups at all gaits with a secure and independent seat 	<table border="1" style="width: 100%; height: 100%;"> <tr> <td style="text-align: right;">___ES</td> </tr> <tr> <td style="text-align: right;">___DNMS</td> </tr> <tr> <td style="text-align: right;">___MS</td> </tr> </table>	___ES	___DNMS	___MS
___ES				
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___MS				

Training

<ul style="list-style-type: none"> - Discuss performance with examiner, including rhythm, (regularity of gaits), quality of transitions; whether mount maintained forward motion, contact, straightness, balance and correctness of bend - Discuss with examiner mount's acceptance of aids; whether impulsion (thrust) in lengthenings was shown - Discuss knowledge of aids for reinback - Discuss how to develop lateral suppleness - Discuss "Purpose of Levels" (at the top of dressage tests) - Discuss how these concepts are applied to the training pyramid 	<table border="1" style="width: 100%; height: 100%;"> <tr> <td style="text-align: right;">___ES</td> </tr> <tr> <td style="text-align: right;">___DNMS</td> </tr> <tr> <td style="text-align: right;">___MS</td> </tr> </table>	___ES	___DNMS	___MS
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Switch ride

<ul style="list-style-type: none"> - Demonstrate ability to ride a different mount, initiating free, regular, forward movement at each gait, acceptance of aids, showing confidence and control - Discuss performance with Examiner, including ways in which the mount was different from own mount - Discuss exercises used to develop lateral suppleness 	<table border="1" style="width: 100%; height: 100%;"> <tr> <td style="text-align: right;">___ES</td> </tr> <tr> <td style="text-align: right;">___DNMS</td> </tr> <tr> <td style="text-align: right;">___MS</td> </tr> </table>	___ES	___DNMS	___MS
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**Riding Over Cavalletti/
Ground Poles**

<ul style="list-style-type: none"> - Discuss purpose of ground poles and cavalletti in the training of the horse and rider - Cavalletti may be used in the warm-up phase - Demonstrate ability to ride own mount through a series of 4-6 cavalletti/ground poles at the walk and trot maintaining a secure, basic balanced position (distances set appropriately for gait and horse stride) - Discuss exercises used including placing distances 	<table border="1" style="width: 100%; height: 100%;"> <tr> <td style="text-align: right;">___ES</td> </tr> <tr> <td style="text-align: right;">___DNMS</td> </tr> <tr> <td style="text-align: right;">___MS</td> </tr> </table>	___ES	___DNMS	___MS
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<p>Riding in the Open</p> <ul style="list-style-type: none"> - Ride at the walk/trot and canter in the open, maintaining control and demonstrating regularity of paces - Discuss ride and reasons for any disobedience - Evaluate mount's condition (i.e. vital signs) 	<table border="1" style="width: 100%; height: 100%;"> <tr> <td style="text-align: right;">___ES</td> </tr> <tr> <td style="text-align: right;">___DNMS</td> </tr> <tr> <td style="text-align: right;">___MS</td> </tr> </table>	___ES	___DNMS	___MS
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<p>Longeing</p> <ul style="list-style-type: none"> - Supervision is required in the testing of longeing - Demonstrate proper fit of equipment, including bridle and/or cavesson, saddle or surcingle (side reins are allowed if appropriate) - Longe own mount, appropriate to its level of training, demonstrating safe longeing techniques and proper use of aids (voice, body position, etc) at the walk, trot, and/or canter, while initiating free forward movement and smooth transitions, making horse appropriate for the C-3 Dressage rider 	<table border="1" style="width: 100%; height: 100%;"> <tr> <td style="text-align: right;">___ES</td> </tr> <tr> <td style="text-align: right;">___DNMS</td> </tr> <tr> <td style="text-align: right;">___MS</td> </tr> </table>	___ES	___DNMS	___MS
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___MS				

GENERAL REMARKS

Attitude and maturity for level of testing

Security and confidence for level of testing

Suggestions for improvement

___ Meets Standards	___ Does Not Meet Standard	Signature of Examiners
___ Withdraw		PIP _____
Date Tested _____		_____

Sections requiring retesting:

A candidate may be retested ONLY on bandaging and/or longeing.

- Retest must take place within **the calendar year** and must be completed over a one-day period.
- Failure of either section on retest day will require retaking entire test.
- Retest must be recommended by original Examiner.

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ES _____ MS _____ DNMS _____

SIGNATURE: _____ DATE: _____
(Examiner for portions retested)